

Curriculum Vitae
Mona Mittal, Ph.D., LMFT, MS-CI

CERTIFICATION

I have read the following and certify that this *curriculum vitae* is a current and accurate statement of my professional record.

Signature _____

Date _____

I. Personal Information

I.A. UID, Last Name, Middle Name, Contact Information

UID: 113964060

Mittal, Mona

Department of Family Science

School of Public Health

1142 SPH Building

4200 Valley Drive

University of Maryland

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ResearchGate- https://www.researchgate.net/profile/Mona_Mittal4

Google Scholar- <https://scholar.google.com/citations?user=gwdrhakAAAAJ&hl=en>

I.B. Academic Appointments at UMD

August 2019 – Associate Professor
Department of Family Science
School of Public Health
University of Maryland
College Park, MD

August 2014 – Assistant Professor
May 2019 Department of Family Science
School of Public Health
University of Maryland
College Park, MD

January 2015 – Faculty Associate
Maryland Population Research Center
University of Maryland

College Park, MD

January 2015 – Faculty Affiliate
Prevention Research Center
School of Public Health
University of Maryland
College Park, MD

I.D. Other Employment

January 2011 – Assistant Professor
July 2014 Public Health Sciences
University of Rochester Medical Center
Rochester, NY

August 2002 – Assistant Professor
December 2010 Marriage and Family Therapy
Syracuse University
Syracuse, NY

May 2003 – Director of Clinical Research
April 2009 Syracuse University
Syracuse, NY

September 2007 – Research Faculty
December 2010 Center for Behavior and Health
Syracuse University
Syracuse, NY

May 2003 – Faculty Affiliate
December 2010 South Asian Studies
Syracuse University
Syracuse, NY

I.E. Educational Background

2015 M.S. in Clinical Investigation
Department of Public Health Sciences
University of Rochester Medical Center
Rochester, NY

2002 Ph.D. in Marriage and Family Therapy
Department of Human Development
Texas Tech University
Lubbock, TX

1998 M.A. in Social Work
Specialization: Family and Child Welfare
Tata Institute of Social Sciences
Mumbai, India

1996 B.S. in Home Science
Specialization: Child Development
Delhi University
New Delhi, India

I.G. Professional Licenses and Certifications

Licensed as a Marriage and Family Therapist in New York State (000632-1)

Approved Supervisor, American Association for Marriage and Family Therapy (2017)

II. Research, Scholarly, Creative and/or Professional Activities

Publications

Note: * denotes student or advisee of Dr. Mittal.

II.B. Chapters

II.B.1. Books

Note: First author is the lead author and the last author is the senior author.

1. Palit, M., & **Mittal, M.** (2021). Intimate partner violence in India. In S. M. Stith & C. M. Spence (Eds.), *International Perspectives on Intimate Partner Violence: Challenges and Opportunities*. **Springer Briefs**.
2. **Mittal, M.**, *Porter, S. C., & *Skracic, I. (2020). Systemic interventions for prevention with HIV positives. In K. E. Wampler (Editor-in-chief). *Handbook of Couple and Family Therapy*. Wiley Publishing.
3. Stith, S., **Mittal, M.**, & Spencer, C. (2020). Couple violence: In-depth assessment and systemic interventions. In K. E. Wampler (Editor-in-chief). *Handbook of Couple and Family Therapy*. Wiley Publishing.
4. *Ballard, J., Witham, M., & **Mittal, M.** (2016). Partner violence among immigrants and refugees. In J. Ballard, E. Wieling, & C. Solheim (Eds.), *Immigrant and Refugee Families* (pp. 115-138). University of Minnesota Libraries Publishing, Minneapolis, MN.
5. **Mittal, M.**, Maker, A. H., & Rastogi, M. (2004). South Asians in the United States: Developing a systemic and empirically-based mental health assessment model. In M. Rastogi

and E. Wieling (Eds.), *The voices of color: first person accounts of ethnic minority therapists* (pp. 233-254). Sage Publications, Thousand Oaks, CA. Equal Contributors.

II.B.6. Other

1. #Mittal, M., #Morgan, A. A., & Wieling, E. (2021, Summer). Systemic therapists on the frontlines of climate change. *Family Therapy Magazine*. #Equal Contributors.

II.C. Refereed Journals

II.C.1. Refereed Journal Articles

Note: First author is the lead author and the last author is the senior author.

1. Davis, T. L., **Mittal, M.**, Oragwu, A., Wang, M. Q., & Boekeloo, B. (2022). Examining HIV diagnosis and linkage to PrEP prescription among members at an integrated health system in the southeast United States. *AIDS and Behavior*.
2. Dyer, T., Turpin, R., *Hawthorne, D. J., *Jain, V., *Sayam, S., & **Mittal, M** (2022). Sexual risk behavior and Lifetime HIV Testing: The Role of Adverse Childhood Experiences. *International Journal of Environmental Research and Public Health*.
3. #**Mittal, M.** & Fish, J. (2021). Mental health providers during COVID-19: Essential to the U.S. Public Health Workforce and in Need of Support. *Public Health Reports*. #Equal Contributors
4. *Porter, S. C., & **Mittal, M.** (2020). Safer sex self-efficacy among women with experiences of IPV. *Journal of Interpersonal Violence*.
5. Stockman, J.K., Hayashi, H.D., Barnes, R. F.W., Al-Rousan, T., Semple, S. S., **Mittal, M.**, Zians, J., Patterson, T. L. (2020). Recent partner violence, sexual relationship power, and STIs among women who use methamphetamine: Does type of sexual partner matter? *Journal of Urban Health*.
6. *Drew, L. B., **Mittal, M.**, Thoma, M., Harper, C. C., Steinberg, J. (2019) Intimate Partner Violence and Effectiveness Level of Contraceptive Selection Post-Abortion. *Journal of Women's Health*.
7. Slopen, N., Zhang, J., Urlacher, S. S., DeSilva, G., & **Mittal, M.** (2018). Maternal experiences of intimate partner violence and C-reactive protein levels in young children in Tanzania. *SSM-Population Health*, 6, 107-115.
8. **Mittal, M.**, *Resch, K., Nichols-Hadeed, C. A., Thompson Stone, J., Thevenet-Morrison, K., Faurot, C., Cerulli, C. (2018). Examining associations between strangulation and depressive symptoms in women with intimate partner violence histories. *Violence and Victims*, 33 (6), 1072-1087.

9. *Schroder, A., Slopen, N., **Mittal, M.** (2018). Accumulation, Timing, and Duration of Early Childhood Adversity and Behavior Problems at Age 9. *Journal of Clinical Child and Adolescent Psychology*, 1-14.
10. Trabold, N., McMohan, J., Whitney, S., Alsobrooks, S., **Mittal, M.** (2018). A systematic review of intimate partner violence interventions: State of the field and implications for practitioners. *Trauma, Violence, and Abuse*.
11. Holland, M. L., Thevenet-Morrison, K., **Mittal, M.**, Nelson, A. A., & Dozier, A. M. (2018). Breastfeeding and exposure to past, current, and neighborhood violence. *Maternal and Child Health Journal*, 22 (1), 82-91.
12. *Ali, B., **Mittal, M.**, *Schroder, A., Ishman, N., Quinton, S., & Boekeloo, B. (2017). Psychological violence and sexual risk behavior among predominantly African American women. *Journal of Interpersonal Violence*. First Published July 27, 2017.
13. Mittal, **M.**, Landau, J., Thevenet-Morrison, K., Cai, X., Gibson, L., *Schroder, A., Chaize, J., & Carey, M. P. (2017). An integrated HIV risk reduction intervention for women with a history of intimate partner violence: Pilot test results. *AIDS and Behavior*, 21(8), 2219-2232.
14. Mittal, **M.**, *Schroeder, A., Thevenet-Morrison, K., & Carey, M. P. (2016). Condom use among abused women: An event-based analysis. *Annals of Public Health and Research*, 3 (2), 1039.
15. Blackmore, E. R., **Mittal, M.**, Cai, X., Moynihan, J. A., Matthieu, M. M., & O'Connor, T. G. (2016). Exposure to intimate partner violence and proinflammatory cytokine levels across the perinatal period. *Journal of Women's Health*, 25(10), 1004-1013.
16. *McGrane Minton, H. A., **Mittal, M.**, *Elder, H., Carey, M. P. (2015). Relationship factors and condom use and women with a history of intimate partner violence. *AIDS and Behavior* 20 (1) 225–234.
17. McMahon, J. M., Chimenti, R., Fedor, T., Trabold, N., **Mittal, M.**, & Tortu, S. (2015). Risk of intimate partner violence and relationship conflict following couple-based HIV prevention counseling: Results from the Harlem River Couples Project. *Journal of Interpersonal Violence*, 32(24), 3709-3734.
18. Sabri, B., Renner, L. M., Stockman, J. K., **Mittal, M.**, & Decker, M. R. (2014). Risk factors for severe intimate partner violence and violence-related injuries among women in India. *Women & Health*, 54(4), 281-300.
19. Morse, D. S., Cerulli, C., Bedell, P., Wilson, J., Thomas, S., **Mittal, M.**, Lamberti, J. S., Williams, G., Silverstein, J., Mukherjee, A., Walck, D., Chin, N. (2013). Meeting health and psychological needs of women in drug treatment court. *Journal of Substance Abuse Treatment*, 46(2), 150-157.

20. Mittal, M., Senn, T., & Carey, M. P. (2013). Fear of violent consequences and condom use among women attending a STD clinic. *Women & Health, 53*, 795-807.
21. **Mittal, M.**, Stockman, J. K., Seplaki, C. L., Thevenet-Morrison, K., Guido, J., and Carey, M. P. (2013). HIV risk among women from domestic violence agencies: Prevalence and correlates. *Journal of the Association of Nurses in AIDS Care, 24*(4), 322-30.
22. Morse, D. S, Lafleur, R., Fogarty, C., **Mittal, M.**, and Cerulli, C. (2012). They told me to leave: How health care providers address intimate partner violence. *Journal of the American Board of Family Medicine, 25*(3), 333-342.
- 23. Mittal, M.**, Senn, T., & Carey, M.P. (2012). Intimate partner violence and condom use among women: Does the Information-Motivation- Behavioral Skills (IMB) Model explain sexual risk behavior? *AIDS and Behavior, 16*(4), 1011-1019.
24. **Mittal, M.**, Senn, T., Carey, M. P. (2011). Mediators of the relation between partner violence and sexual risk behavior among women attending a sexually transmitted disease clinic. *Sexually Transmitted Disease, 38*(6), 510-515.
25. Landau, J., **Mittal, M.**, & Wieling, L. (2008). Linking human systems: Strengthening individuals, families, and communities in the wake of trauma. *Journal of Marital and Family Therapy, 34* (2), 193-209.
26. *Wang, M., Sandberg, J., *Zavada, A., **Mittal, M.**, Gosling, A., *Rosenberg, T., *Jeffery, A., & *McPheters, J. (2006).“Almost there”...Why clients fail to engage in family therapy: An exploratory study. *Contemporary Family Therapy, 28* (2), 211 – 224.
27. **Mittal, M.** & Wieling, E. (2006). Training experiences of international doctoral students in marriage and family therapy. *Journal of Marital and Family Therapy, 32*(3), 369-384.
28. **Mittal, M.** & Hardy, K.V. (2005). A re-examination of the current status and future of family therapy in India. *Contemporary Family Therapy, 27* (3), 285-299.
29. **Mittal, M.**, & Wieling, E. (2004). The influence of therapists’ ethnicity on the practice of feminist family therapy: A pilot study. *Journal of Feminist Family Therapy, 16*(2), 1-24.
30. **#Mittal, M.** & **#Wieling, E.** (2002). Expanding the horizons of marriage and family therapists: Towards global interconnectedness. *Journal of Feminist Family Therapy, 14*(1), 53-63. **#Equal Contributors.**
31. Harris, S. M., Dersch, C. A., & **Mittal, M.** (1999). Look who is talking: Measuring self-disclosure in MFT. *Contemporary Family Therapy, 21*(3), 405-415.

II.C.4. Other

Manuscripts Under Review Or Revision

1. **Mittal, M.**, Turpin, R., *Sayam, S., *Jain, V., & Dyer, T. (revise and re-submit). Sexual orientation, gender identity, and lifetime HIV testing: The role of adverse childhood experiences. *Annals of LGBTQ Public and Population Health*.
3. *Berman, Z. L., **Mittal, M.**, Falconier, M. K., Fish, J. N. (in submission). Are We Ready to Serve? Couple and Family Therapists' Attitudes Toward BDSM and Their Perceived Competence to Help BDSM Practitioners. *Journal of Family Therapy*.
4. **Mittal, M.**, Morgan, A., *Du, J., *Jiang, J., Boekeloo, B., & Fish, J. N. (in submission). "Each week feels like a mountain": The impact of COVID-19 on mental health providers' wellbeing and clinical work. *American Journal of Psychotherapy*.

Editor Journal Special Section

Mittal, M., & Trabold, N. (Eds.) (2021-2022). Special section on intimate partner violence interventions in social and healthcare settings. *International Journal of Environmental Research and Public Health*. *Equal Contributors.

Editorial board for the special edition on gender-based violence in South Asia for the inaugural issue of the *South Asian Journal of Law, Policy, and Social Research* (2019 – 2020)

Mittal, M., & Wieling, L., (Eds.) (2008). Special section on developing evidence-based interventions for families and communities affected by mass trauma. *Journal of Marital and Family Therapy*. *Equal Contributors.

II.E. Conferences, Workshops, and Talks

II.E.2. Invited Talks

1. **Mittal, M.** (2021). *Substance use, violence, and HIV/AIDS syndemic among heterosexual African American couples*. 3rd Annual Substance Use Research Event, University of Kentucky, KY.
2. **Mittal, M.**, & Fish, J. (2020). *Stress in the context of COVID-19 and public health professionals*. Anne Arundel County Health Department, MD.
3. **Mittal, M.**, *Jiang, J., & Fish, J. (2020). *Mental Health care in the context of COVID-19*. Prevention Research Center, University of Maryland, MD.
4. **Mittal, M.** (2019). *A quick look at the opioid crisis and response to the opioid crisis in Arlington VA*. Minority Fellowship Program Spring Training Institute, AAMFT. Arlington, VA.
5. **Mittal, M.** (2019). *Action for prevention of violence, human trafficking, and more*. Public Health Research Day, University of Maryland, MD.

6. **Mittal, M.** (2018). *HIV risk reduction among women with experiences of violence: Translation of research into community practice*. Minority Fellowship Program Spring Training Institute, AAMFT. Arlington, VA.
7. **Mittal, M.** (2016). *HIV and intimate partner violence*. 3rd International Research Symposium, Debre Berhan University. Debre Berhan, Ethiopia.
8. **Mittal, M.** (2015). *Intimate partner violence and health*. Minority Fellowship Program Winter Training Institute, AAMFT. Arlington, VA.
9. **Mittal, M.,** and Landau, J. (2011). *Community building and recovery during times of economic downturn: Linking Human Systems*. Community Resilience and Recovery Grantee Meeting, The Substance Abuse and Mental Health Services Administration, Rockville, MD.
10. **Mittal, M.** (2010). *Intersecting epidemics of domestic violence and HIV*. Presentation at Center for Behavior and Health, Spring Seminar Series 2010, Syracuse University. Syracuse, NY

II.E.3. Refereed Presentations

1. Du, J., **Mittal, M.,** Fish, J., & Morgan, A. (2021). *Experiences of mental health providers in the context of COVID-19*. Presentation at the National Council on Family Relations Annual Conference. Note: Conference was virtual due to COVID-19.
2. **Mittal, M.,** Falconier, M., & Frasso, M. P. (2020). *Recruitment and retention of minority low-income couples for program development and implementation*. Presentation at the National Council on Family Relations Annual Conference, St. Louis, MO. Note: Conference was virtual due to COVID-19.
3. *Porter, S. C., Steinberg, J., & **Mittal, M.** (2019). *Depression and relationship power as mediators of the association between severity of IPV and safer sex self-efficacy among abused women*. Presentation at the American Public Health Association, Philadelphia, PA.
4. *Porter, S. C., Steinberg, J., & **Mittal, M.** (2019). *Examining Depression and Relationship Power as Mediators of the Association Between IPV and Safer Sex Self-Efficacy*. Presentation at the National Council on Family Relations Annual Conference, Dallas Fort Worth, TX.
5. *Porter, S. C., Thoma, M., & **Mittal, M.** (2019). *Examining Racism as a Risk Factor For Uterine Fibroids Among African American Women*. Presentation at the National Council on Family Relations Annual Conference, Dallas Fort Worth, TX.
6. **Mittal, M.,** *Porter, S., Gundersen, K., Smith, L. R., Falvey, E., & Stockman, J. (2018). *Engagement and Retention of High-Risk Women with Syndemic Issues in Trauma-Informed HIV Interventions*. Presentation at the Society for Prevention Research, Washington DC.

7. **Mittal, M.**, *Schroder, A., & Carey, M. P. (2017). *An integrated IPV and HIV risk-reduction intervention for women with a history of IPV*. Presentation at the National Conference on Health and Domestic Violence, San Francisco, CA.
8. *Drew, L. B., **Mittal, M.**, Thoma, M. E., Steinberg, J. R. (2016). *Multiple types of intimate partner violence and effectiveness level of contraceptive selection post-abortion*. Presentation at the National Council on Family Relations Annual Conference, Minneapolis, MN.
9. **Mittal, M.**, *Schroeder, A., & Carey, M. (2016). *Intimate partner violence and condom use at last sexual experience: An event-level analysis*. Presentation at the Annual Conference of the National Council on Family Relations, Minneapolis, MN.
10. **Mittal, M.**, Chin, N., Cerulli, N., *Schroder, A., Dozier, A., Carey, M. (2016). *Understanding the association between intimate partner violence (IPV) and HIV risk*. Presentation at the International Family Violence and Child Victimization Research Conference, Portsmouth, NH.
11. Trabold, N., O'Malley, A., **Mittal, M.** (2016). *A systematic review of interventions for intimate partner violence victims: Implications for community based providers*. Presentation at the International Family Violence and Child Victimization Research Conference, Portsmouth, NH.
12. **Mittal, M.** & Carey, M. P. (2015). *An integrated IPV and HIV risk-reduction intervention for women with abuse histories: Pilot test results*. Presentation at the Society for Prevention Research, Washington DC.
13. Dozier, A., Holland, M., Thevenet-Morrison, K., **Mittal, M.** (2014). *Relationship between multiple forms of violence and breastfeeding outcomes: Latent Class Analysis*. Presentation at International Society for Research on Human Milk and Lactation. Kiawah Island, SC.
14. Morse, D. S., Gamble, S., Ives, M., **Mittal, M.**, Swogger, M., Cerulli, C., Wang, E., and Conner, K. (2013). Gender differences in characteristics, service utilization and treatment outcomes of adult drug treatment court (ADTC) clients. Presentation at The College on Problems of Drug Dependence Annual Scientific Meeting, San Diego, CA.
15. Morse, D. S., Cerulli, C., Bedell, P., **Mittal, M.**, Lamberti, J. S, Thomas, K., Wilson, J., Walck, D., and Chin, N. (2013). *"This is our life here:" Meeting health needs of women in drug treatment court*. Presentation at The Association for Medical Education and Research in Substance Abuse National Conference, Bethesda, MD.
16. **Mittal, M.**, Allen, R., and Bedell, P. (2012). *HIV prevention intervention among abused women*. Presentation at Intimate Partner Violence: Innovations in the Field, Rochester, NY.
17. **Mittal, M.** (2011). *Intimate partner violence and couples: Latest research and implications for clinicians*. Presentation at Indian Association for Family Therapy Conference, Delhi, India.

18. Haas-Cunningham, S., Stone Fish, L., Gosling, A., Sandberg, J., Hardy, K., & **Mittal, M.** (2003). *Are we soaring yet?* Workshop at AAMFT, Long Beach, CA.

19. Haas-Cunningham, S., Stone Fish, L., Gosling, A., Sandberg, J., Hardy, K., & **Mittal, M.** (2002). Walking the walk: Diversity meets self-Syracuse university style. Workshop at AAMFT, Cincinnati, OH.

20. **Mittal, M.**, & Wieling, E. (2001). Expanding the horizons: Towards a more systemic integration of marriage and family therapists. Round table presentation at NCFR, Rochester, NY.

II.E.6. Refereed Posters

1. **Mittal, M.**, Turpin, R., Sayam, S., Jain, V., & Dyer, T. (2021). *Sexual and gender identity and lifetime HIV-testing: The role of adverse childhood experiences*. American Public Health Association Annual Meeting, Denver, CO. Note: Conference was virtual due to COVID-19.

2. Drew, L. B., Stoebenau, K., Madhavan, S., **Mittal, M.**, Maring, E. F., Thoma, M. E. (2020). *The relationship between female genital cutting and recent sexual activity in Nigeria*. Poster presentation at the Interdisciplinary Association for Population Health Science Conference. Note: Conference was virtual due to COVID-19.

3. Skracic, I., Borrero, S., **Mittal M.**, Floyd, S., & Steinberg, J. R. (2020). *Women's own experiences of how depression influences fertility desires and contraceptive behaviors*. Poster presented at the annual conference for the Society for Family Planning. Note: Conference was virtual due to COVID-19.

4. Madison, J., Porter, S. C., & **Mittal, M.** (2019). *“Triggered”: Interactions with law enforcement and Black women’s psychological functioning*. Poster session at Annual Conference of the National Council on Family Relations, Dallas Fort Worth, TX.

5. *Porter, S. C., & **Mittal, M.** (2017). *HIV-risk reduction among abused women: Correlates of treatment engagement and retention*. Poster session at Annual Conference of the National Council on Family Relations, Orlando, FL.

6. *Pantaleao, A., Cerulli, C., *Schroder, A., & **Mittal, M.** (2017). *Couple-based risk factors of HIV-risk reduction among abused women: Correlates of the interrelationship between intimate partner violence and poor sexual health: Abused women’s perspectives*. Poster session at Annual Conference of the National Council on Family Relations, Orlando, FL.

7. Slopen, N., De Silva, G. E., Zhang, J., **Mittal, M.** (2017). *Maternal experiences of intimate partner violence and immune activation among young children in Tanzania*. Poster session at the Population Association of American Annual Meeting, Chicago, IL.

8. *Drew, L. B., **Mittal, M.**, Thoma, M. E., Steinberg, J. R. (2016). *Multiple types of intimate partner violence and effectiveness level of contraceptive selection post-abortion*. Poster session at the American Public Health Association Annual Meeting, Denver, CO.
9. *Ballard, J., Wieling, L., & **Mittal, M.** (2015). *Differences in mental health by employment status during intimate partner violence*. Poster session at the Brigham Young University Women in Academia Conference, Provo, UT.
10. **Mittal, M.**, and Carey, M. (2012). *HIV risk among women in domestic violence agencies: Prevalence and correlates*. Poster session at, XIX International AIDS Conference, Washington, DC.
11. **Mittal, M.**, Senn, T., and Carey, M. (2011). *Partner threat and condom use among women attending a STID clinic: A mediational model*. Poster session at, National HIV Prevention Conference, Atlanta, GA.
12. Morse, D. S, Lafleur, R., Fogarty, C., Mittal, M., and Cerulli, C. (2011). *They told me to leave”: Women describe healthcare provider conversations about Intimate Partner Violence*. Poster session at, Society for General Internal Medicine, Phoenix, AZ.
13. *Wasserman, R., *Delevi, R., & **Mittal, M.** (2004). *Impact of world events on inter-faith marital satisfaction*. Poster session at AAMFT, Atlanta, GA.
14. *Casey, E., *Schaffer, K., & **Mittal, M.** (2004). *Disability as a dimension of diversity in MFT*. Poster session at AAMFT, Atlanta, GA.
15. *Allen, S., & **Mittal, M.** (2004). *African Americans’ perspectives on adoption*. Poster session at AAMFT, Atlanta, GA.
16. *Wang, M., *Zavada, A., **Mittal, M.**, Sandberg, J., *Jeffery, A., *McPheters, J., & *Rosenberg, T. (2003). *Pre-treatment dropouts: Why clients never start treatment*. Poster session at AAMFT, Long Beach, CA.
17. *Dallal-Ferne, D., & **Mittal, M.** (2003). *Are we doing enough? Feminist training in family therapy programs*. Poster session presented at AAMFT, Long Beach, CA.
18. **Mittal, M.**, & Wieling, E. (2000). *The influence of ethnicity on the practice of feminist family therapy*. Poster session presented at NCFR, Minneapolis, MN.

II.E.11. Non-Refereed Posters

1. Dyer, T., Turpin, R., *Hawthorne, D. J., *Jain, V., *Sayam, S., & **Mittal, M** (April 2022). *Sexual risk behavior and Lifetime HIV Testing: The Role of Adverse Childhood Experiences*. Poster presented at Public Health Research @ Maryland Day, University of Maryland, College Park, MD. **Student awarded 3rd place.**

2. *Porter, S.C., **Mittal, M.** (2018). *Condom use self-efficacy among female domestic violence survivors*. Poster session at Public Health Research Day, University of Maryland, College Park, MD.
3. *Drew, L.B., **Mittal, M.**, Thoma, M., *Steinberg, J. R. (April 2017). Multiple types of intimate partner violence and effectiveness level of contraceptive selection post-abortion. Poster presented at Graduate Research Day, University of Maryland, College Park, MD.
4. *Drew, L.B., Mittal, M., Thoma, M., *Steinberg, J. R. (April 2017). Multiple types of intimate partner violence and effectiveness level of contraceptive selection post-abortion. Poster presented at Public Health Research @ Maryland Day, University of Maryland, College Park, MD.
5. *Pantaleao, A., Cerulli, C., *Schroeder, A., & **Mittal, M.** (2017). *Couple-based risk factors of the interrelationship between intimate partner violence and poor sexual health: Abused women's perspectives*. Poster session at Public Health Research, University of Maryland, College Park, MD. **Student honorable mention award.**
6. *Schroeder, A., & **Mittal, M.** (2016). *Violence at last sexual experience among abused women*. Poster session at Public Health Research at Maryland Day, University of Maryland, College Park, MD.
7. *Ali, B., Boekeloo, B., & **Mittal, M.** (2015). *Psychological violence and HIV-related psychosocial and sexual risk behaviors among Black women*. Poster session at Public Health Research, University of Maryland, College Park, MD.
8. *McGrane Minton, H., Elder, H., & **Mittal, M.** (2014). *Condom use among abused women: Do relationship variables moderate the relations between information-motivation-behavioral skills (IMB) model and condom use?* Poster session at Center for AIDS Research, Rochester, NY.
9. *Elder, H., *McGrane Minton, H., Senn, T., **Mittal, M.** (2013). *Perception of partner's condom attitudes and condom use among abused heterosexual women*. Poster session at Center for AIDS Research, Rochester, NY.
10. **Mittal, M.**, & *Glozman, J. (2010). *Sexual risk taking among women seeking services from domestic violence agencies*. Poster session presented at, Bridging Research to Practice Conference, Rochester, NY.
11. Bryan, L., Kimball, T., **Mittal, M.**, & Webber, S. (2000). *Divorced women's support group: Themes and variations*. Poster session presented at the Annual Conference for the Advancement of Women in Higher Education, Lubbock, TX.

II.E.13. Symposia

1. Stith, S., Spencer, C., **Mittal, M.**, Palit, M., Ripoll-Núñez, K. J., Jaramillo-Sierra, A. L., Nikparvar, F., Glebova, T., Du, J., and Peng, Y. (2018). *International Perspectives on Intimate Partner Violence: Challenges and Opportunities*. Symposium at National Council for Family Relations Conference, San Diego, CA.

2. **Mittal, M.**, Boekeloo, B., *Drew, L. B., Gomez, P. (2016). *Intimate partner violence and sexual and reproductive health of women*. Symposium Chair and Organizer at the National Council for Family Relations Conference, Minneapolis, MN.

3. **Mittal, M.**, Norman Epstein, N., Stith, S., & Anderson, E. (2015). *Intimate partner violence Assessment and intervention: Effects on wellbeing*. Symposium Chair and Organizer at National Council for Family Relations, Vancouver, CA.

4. Robila, M., **Mittal, M.**, Solheim, C., Rose, H., & Wells, M. (2010). *Family policy in international perspectives*. Symposium at Society for Cross Cultural Research, Albuquerque, NM.

II.E.14. Workshops

1. Wieling, L., **Mittal, M.**, Stora, B. (2005). *Trauma in a global context: Towards the development of evidence-based family/community preventive and clinical interventions for populations exposed to traumatic events*. Workshop at Family Research Consortium IV, New Orleans, LA.

2. Rastogi, M., Wieling, E., Landau, J., Daneshpour, M., & **Mittal, M.** (2002). *Thinking globally: International MFTs in the U.S.* Workshop at AAMFT, Cincinnati, OH.

II.G. Book Reviews, Notes, and Other Contributions

II.G.1. Book Reviews

1. **Mittal, M.** (1999). Bridging worlds: Understanding and facilitating adolescent recovery from trauma of abuse. *Family Relations: Interdisciplinary Journal of Applied Family Studies*, 48 (4), 437-438.

II.J. Sponsored Research and Programs – Administered by the Office of Research Administration (ORA)

II.J.1. Grants

1. Title: *Improving Reproductive Health and Maternal health Through Enhanced Care Coordination*

Funding Agency: Maryland Community Health Resource Commission (PI: Carter, E.)

Amount: \$300,000; \$24,000 (subaward, PI: Thoma, M.)

Dates: 2020 – 2023

Role: Co-Investigator

2. Title: *Addressing Disparities: Improving Maternal and Birth Outcomes in Prince Georges County*

Funding Agency: CareFirst Maternal and Child Health Initiative (PI: Carter, E.)

Amount: \$150,000; \$22,000 (subaward, PI: Thoma, M.)

Dates: 2019 – 2022

Role: Co-Investigator

3. Title: *An integrated substance use, violence, and HIV/AIDs syndemic risk-reduction intervention for African American couples*

Funding Agency: National Institute of Drug Abuse (R03)

Amount: \$292,335

Dates: 2017-2021

Role: Principal Investigator

Co-Investigator: Dr. Norman Epstein

4. Title: *HIV risk reduction for women reporting intimate partner violence*

Funding Agency: National Institute of Mental Health (K01)

Amount: \$699,656

Dates: 2009-2014

Role: Principal Investigator

5. Title: *Healthy marriage resource center*

Funding Agency: U.S. Department of Health and Human Services Administration of Children and Families. Grant cut short due to pull out by National Council for Family Relations (funded agency) in 2006.

Amount: \$425,000

Dates: 2004-2009

Principal Investigator: Dr. Alan Taylor

Role: Co-Investigator. I worked as part of a team to develop a web-based clearing house for promoting the development of healthy couple relationships.

6. Title: *Promoting child welfare: Training professionals to support healthy marriages, relationships, and families*

Funding Agency: U.S. Department of Health and Human Services Administration of Children and Families

Amount: \$852,000

Dates: 2003-2008

Principal Investigator: Dr. Keith Alford

Role: Co-Investigator. I worked in a team to develop and deliver a curriculum for training child welfare workers to promote healthy couple relationships in their communities.

II.J.3. Other

Grants Submitted But Not Funded

1. Title: *Improving HIV treatment outcomes among violence-exposed HIV positive women by addressing PTSD* (R34)
Amount: \$ 693,966
Dates: 2019-2022
Role: Principal Investigator
Co-Investigator: Dr. Jessica Magidson, Dr. Charles Ma, and Dr. Elizabeth Wieling

2. Title: *Intersection stigma and engagement in the HIV prevention continuum among transgender people in the DC metro area* (R21)
Amount: \$ 423,706
Dates: 2019-2021
Role: Co-Principal Investigator
Co-Principal Investigator: Dr. Thurka Sangaramoorthy
Co-Investigator: Dr. Jessica Fish

3. Title: *Integrated HIV-IPV risk reduction for African American women*
National Institute of Minority Health and Health Disparities (R01)
Amount: \$2,536,425
Dates: 2018-2023
Role: Principal Investigator
Co-Investigators: Dr. Bradly Boekeloo and Dr. Min Qi Wang

4. Title: *Community-based approach to engaging Black women in HIV pre-exposure prophylaxis (PrEP)*
Funding Agency: National Institute of Drug Abuse (R34)
Amount: \$450,000
Dates: 2017-2020
Role: Co-Investigator

5. Title: *Enhancing healthcare provider skills in gender-based violence assessment and intervention in India*
Funding Agency: World Bank Group
Amount: \$100,000
Dates: 2016-2017
Role: Principal Investigator

6. Title: *Family planning through task shifting in Ethiopia: Empowering health extension workers*
Funding Agency: Bill & Melinda Gates Foundation
Amount: \$100,000
Dates: 2016-2017
Role: Principal Investigator

7. Title: *An integrated HIV/STI/IPV/Substance use risk-reduction intervention for heterosexual African American couples*
Funding Agency: National Institute of Drug Abuse (R34)

Amount: \$450,000
Dates: 2016-2019
Role: Principal Investigator

II.K. Gifts, and Funded Research not Administered by ORA

1. Title: *Campus & Community Leaders in Mental Health (CCLiMH): CLLiMH Toward Health at UMD*

Funding Agency: University of Maryland Teaching and Learning Innovation Grant Program

Amount: \$50,000

Dates: 2022-2023

Role: Co-Principal Investigator

2. Title: *A community based participatory study of an attorney training program to promote trauma-informed lawyering*

Funding Agency: University of Maryland (FSRA)

Amount: \$10,000

Dates: 2022-2023

Role: Principal Investigator

3. Title: *Stigma, discrimination, and mental health: Engaging Black sexual minority men living with HIV into HIV care*

Funding Agency: University of Maryland (QRIG faculty seed grant)

Amount: \$ \$3000

Dates: 2022-2023

Role: Principal Investigator

4. Title: *Examining Akili and Me's impact on the education and health of Rwandan children*

Funding Agency: University of Maryland (Tier 1)

Amount: \$50,000

Dates: 2016-2017

Role: Co-Investigator

5. Title: *Maternal intimate partner violence victimization and immune activation in women and children in Tanzania*

Funding Agency: ADVANCE Interdisciplinary and Engaged Research Seed Grants, University of Maryland

Amount: \$20,000

Dates: 2015-2016

Role: Principal Investigator

6. Title: *Interdisciplinary and community partnership: Developing, supporting, and sustaining university and community agency collaboration*

Funding Agency: Syracuse University Vision Fund

Amount: \$5,000

Date: 2005

Role: Co-Investigator

7. Title: *Experiences of women in doctoral marriage and family therapy training programs*

Funding Agency: College of Human Services and Health Professions, Syracuse University

Amount: \$5,000

Date: 2004

Role: Principal Investigator

II.K.4. Other

Grants Submitted But Not Funded

1. Title: *Violence-exposed HIV positive women and HIV continuum of care*
Funding Agency: University of Maryland (FSRA)
Amount: \$10,000
Dates: 2021-2022
Role: Principal Investigator
2. Title: *Sexual and reproductive health and mental health during the COVID-19 pandemic among cis and transwomen with experiences of intimate partner violence*
Funding Agency: University of Maryland (MPRC)
Amount: \$15,000
Dates: 2021-2022
Role: Principal Investigator
3. Title: *An integrated substance use, violence, and HIV/AIDS syndemic risk-reduction intervention for African American couples*
Funding Agency: University of Maryland (Tier 1)
Amount: \$50,000
Dates: 2016-2017
Role: Principal Investigator
4. Title: *HIV positive African American women and substance abuse, violence, and HIV/AIDS syndemic: Proof-of-concept for NIH grant application*
Funding Agency: University of Maryland (Tier 1)
Amount: \$50,000
Dates: 2015-2016
Role: Principal Investigator
5. Title: *HIV prevention among African American women who use substances*
Funding Agency: Center for Clinical and Translational Science, University of Rochester
Amount: \$50,000
Dates: 2011-2012
Role: Principal Investigator

6. Title: *Faculty perspectives and attitudes regarding recruitment and training of international students in MFT programs in the U.S.*
 Funding Agency: College of Human Services and Health Professions, Syracuse University
 Amount: \$5,000
 Dates: 2002-2002
 Role: Principal Investigator

II.P. Research Fellowships, Prizes, and Awards

1. Title: *Bystander program adoption and efficacy to reduce SV-IPV in college community.*
 Funding Agency: Centers for Disease Control and Prevention
 Dates: 2016-2019
 Role: Fellow

III. Teaching, Extension, Mentoring, and Advising

III.A. Courses Taught (the last five years)

University of Maryland, College Park

| <u>Year (Semester)</u> | <u>Course Number & Title</u> | <u>Enrollment</u> |
|------------------------|---|-------------------|
| 2022 (Fall) | FMSC652 Psychopathology and Diagnosis in Family Systems | 9 |
| | FMSC698A Advanced Topics in Family Science | 9 |
| 2022 (Spring) | FMSC431 Family Crises, Emergencies, and Interventions | 45 |
| | FMSC 658 Supervised Clinical Practice of Family Therapy | 4 |
| | GEMS296 Team Project Seminar | 11 |
| 2021 (Fall) | FMSC652 Psychopathology and Diagnosis in Family Systems | 10 |
| | FMSC698A Advanced Topics in Family Science | 10 |
| | GEMS296 Team Project Seminar | 11 |
| 2021 (Spring) | FMSC431 Family Crises, Emergencies, and Interventions | 39 |
| | FMSC 658 Supervised Clinical Practice of Family Therapy | 4 |
| | GEMS296 Team Project Seminar | 11 |
| 2020 (Fall) | FMSC652 Psychopathology and Diagnosis in Family Systems | 10 |
| | FMSC698A Advanced Topics in Family Science | 10 |
| | GEMS296 Team Project Seminar | 11 |
| 2020 (Spring) | FMSC610 Research Methods in Family Science | 10 |
| | FMSC 658 Supervised Clinical Practice of Family Therapy | 4 |
| | GEMS296 Team Project Seminar | 11 |
| 2019 (Fall) | FMSC652 Diagnosis and Treatment of Mental and Emotional | |

| | | |
|--|---|----|
| | Disorders in Family Systems | 7 |
| | FMSC432 Adult Development and Aging in Families | 32 |
| | GEMS296 Team Project Seminar | 11 |
| 2019 (Spring) | FMSC610 Research Methods in Family Science | 6 |
| | FMSC 658 Supervised Clinical Practice of Family Therapy | 3 |
| | GEMS296 Team Project Seminar | 11 |
| 2018 (Fall) | FMSC 432-101 Adult Development and Aging in Families | 38 |
| | FMSC 432-201 Adult Development and Aging in Families | 38 |
| 2018 (Spring) | FMSC 651 Psychopathology in the Family Context | 9 |
| 2018 (Winter) | FMSC 689 Research Internship | 1 |
| 2017 (Fall) | FMSC 432-101 Adult Development and Aging in Families | 40 |
| | FMSC 432-201 Adult Development and Aging in Families | 39 |
| 2017 (Spring) | FMSC 651 Psychopathology in the Family Context | 10 |
| | FMSC 610 Research Methods in Family Science | 10 |
| | FMSC 658 Supervised Clinical Practice of Family Therapy | 2 |
| 2016 (Fall) | FMSC 432-101 Adult Development and Aging in Families | 42 |
| | FMSC 432-201 Adult Development and Aging in Families | 39 |
| 2016 (Spring) | FMSC 651 Psychopathology in the Family Context | 11 |
| | FMSC 610 Research Methods in Family Science | 10 |
| 2015 (Fall) | FMSC 432-101 Adult Development and Aging in Families | 46 |
| | FMSC 432-201 Adult Development and Aging in Families | 43 |
| 2015 (Spring) | FMSC 651 Psychopathology in the Family Context | 11 |
| <i>Prior to Appointment at University of Maryland</i> | | |
| <u>University of Rochester*</u> | | |
| 2013 (Fall) | Social and Behavioral Medicine | 40 |
| 2012 (Fall) | Social and Behavioral Medicine | 40 |
| 2011(Fall) | Social and Behavioral Medicine | 40 |
| <u>Syracuse University*</u> | | |
| 2009 | Family Systems Across the Life Cycle | 7 |
| | Systems Dynamics | 15 |
| 2008 | Family Therapy Perspectives and Cultural Diversity | 10 |

| | | |
|------------------------------|--|----|
| | Family Theory and Therapy | 14 |
| | Marriage and Family Therapy Practicum | 3 |
| 2007 | Family Therapy Perspectives and Cultural Diversity | 8 |
| | Marriage and Family Therapy Practicum | 3 |
| 2006 | Child Development and Family Therapy | 14 |
| | Family Therapy Perspectives and Cultural Diversity | 12 |
| | Advanced Family Therapy Theory | 11 |
| | Marriage and Family Therapy Practicum | 3 |
| 2005 | Family Therapy Perspectives and Cultural Diversity | 14 |
| | Marriage and Family Therapy Practicum | 3 |
| 2004 | Qualitative Research Methods | 6 |
| | Child Development and Family Therapy | 13 |
| | Family Therapy Perspectives and Cultural Diversity | 12 |
| | Marriage and Family Therapy Practicum | 9 |
| 2003 | Introduction to Family Systems | 12 |
| | Child Development and Family Therapy | 18 |
| | Family Therapy Perspectives and Cultural Diversity | 11 |
| | Marriage and Family Therapy Practicum | 8 |
| 2002 | Introduction to Family Systems | 11 |
| | Marriage and Family Therapy Practicum | 2 |
| <u>Texas Tech University</u> | | |
| 2001 | Diversity Issues in MFT (Co-taught with Dr. Elizabeth Wieling) | 10 |
| 2000 | Life Span Human Development | 20 |
| | Basic Interpersonal Skills | 25 |
| 1999 | Life Span Human Development | 20 |

III.B. Teaching Innovations

III.B.7. Teaching Modules

| | |
|---------------|---|
| 2018 (Spring) | SPHL100, Foundations of Public Health (Case study on intimate partner violence) |
|---------------|---|

III.C. Advising: Research or Clinical

III.C.1. Undergraduate

Capstone Project Advisor or Reader

| | |
|------|--|
| 2017 | Shabnam Ahmed (Reader) |
| 2022 | Aaliyah G. Adkins, Christina S. Barrett, Gabby M. Fano, Katrina C. Hospes, Christina F. Kilby, Michael C. Mareno, Elizabeth L. Ollila, Jessica C. Pettit, Jayme G. Savoy, Tatiana Rowe, and Lucy A. Wilkerson (Chair, Gemstone Thesis) |

III.C.2. Master's

Thesis Advisor or Committee Member

| | |
|------|---|
| 2020 | Zachary Berman (Committee Member) Sabrina Roc (Committee Member) |
| 2019 | Crystel Britto (Committee Member) Emma Levin (Committee Member) |
| 2018 | Naomi Levine (Chair) Jordan Madison (Chair) Pam Herrick (Committee Member) Natalie Krenz (Committee Member) Liza Harbison (Committee Member) Jasmine Mauss (Committee Member) Rolonda Williams (Committee Member) Rafee Al-Mansur (Committee Member) |
| 2017 | Magdalena Straub (Committee Member) Taylor Baker (Committee Member) |
| 2016 | Katlin Doyle (Committee Member) |
| 2015 | Shawn Kim (Committee Member) Laura Golojuch (Committee Member) |
| 2010 | Jenny Glozan, Syracuse University (Chair) |

Advanced Clinical Project Advisor

| | |
|------|---|
| 2022 | Emely Taveras (Chair) Ann Pham (Chair) Trent Morell (Chair) |
| 2021 | Neha Asif (Chair) Amanda Wiggins (Chair) |
| 2020 | Katie Hippen (Chair) |

Xiaofang Wang (Chair)

2017 Andrew Price (Chair)
Nikki Flay (Chair)

2016 Andrew James (Chair)

Academic Advisor

2021-2023 Tenzin Palmar
Nicolas Warnick
Allaeh Tafaghodi
Oludara Ogunsakin

2020-2022 Emely Taveras

2019-2021 Chris Erb
2019-2021 Amanda Wiggins
2019-2021 Lauren Stahly

2018-2020 Kathryn DeYoung
2018-2020 Sabrina Roc

2017-2019 Crystel Britto
2017- 2019 Stephanie Martinez
2017-2019 Elexis Witkin

2016- 2018 Pamela Herrick
2017- 2018 Jordan Madison
2017- 2018 Jasmine Mauss

2016- 2017 Rafee Al-Mansur
2016- 2017 Taylor Baker
2016- 2017 Kaitlin Hippen

III.C.3. Doctoral

Dissertation Advisor or Committee Member

2022- Jingshuai Du (Co-Chair)

2021- Maria Suarez (Dean's Representative)

2020- Laura Golojuch (Chair)
2020-2022 Lakeshia Watson (Committee Member)

| | |
|------------|--|
| 2020-2021 | Julia Callaway (Committee Member) |
| 2020-2021 | Olivia Kachingwe (Dean's Representative) |
| 2020-2021 | Marjorie Nightingale (Committee Member) |
| 2019- 2022 | Ronneal Mathews (Chair) |
| 2019-2021 | Laura Drew (Committee Member) |
| 2019-2020 | Shy Porter (Chair) |
| 2017 | Allison Schroder (Chair) Sherylls Yadira Khan (Committee Member) |
| 2009 | Kiran Arora, Syracuse University (Chair) Tim Baima, Syracuse University (Chair) |
| 2008 | Karen Fernandez-Cosgrove, Syracuse University (Chair) |
| 2006 | Andrea Reinking, Syracuse University (Chair) |

Academic Advisor

| | |
|----------------|------------------|
| 2019 - 2020 | Jingshuai Du |
| 2018 - 2019 | Shy Porter |
| 2016 - 2018 | Ashley Pantaleao |
| 2016 - present | Ronneal Mathews |

IV. Service And Outreach

IV.A. Editorships, Editorial Boards, and Reviewing Activities

IV.A.2. Editorial Boards

2017 - present Editorial Board, *Journal of Marital and Family Therapy*

IV.A.3. Reviewing Articles for Journals and Presses

AIDS and Behavior
BioMedical Central
Violence and Gender
Psychology of Violence
Archives of Sexual Behavior
Journal of Muslim Mental Health
Family Relations
Violence Against Women

IV.A.5. Reviewing Activities for Conferences

2016 - present National Council on Family Relations

IV.A.6. Other

2020 CDC grant reviewer, “Minority HIV Research Initiative (MARI) to Support Epidemiologic and Implementation Science Research in Racial/Ethnic Minority Communities Disproportionately Affected by HIV and Build Research Capacity Among Historically Underrepresented Researchers.

2011-2013 Seed grant reviewer, Community Health Mini-Grant Program for Center of Community Health, University of Rochester

2006- 2010 Seed grant reviewer, College Research Center, Syracuse University

2003-2005 Seed grant reviewer, Bharti Memorial Grants for South Asia Center, Syracuse University

IV.B. Committees, Professional and Campus Service

IV.B.1. Campus Service – Department

2022- Chair, APT committee

2021-2022 Member, FMSC Faculty Search Committee

2021-2022 Chair, APT committee

2020-2021 Member, APT committee

2020- IRB liaison

2019-2020 Co-chair, FMSC Faculty Search Committee

2014 - present Member, FMSC Couple and Family Therapy Administrative and Curriculum Committee

2014 - 2019 Member, FMSC Undergraduate Program and Policy Committee

2019 – present Member, FMSC Graduate Program Committee

2017 - 2019 Member, MCH Curriculum Committee

2016- present Member, FMSC Scholarship Committee

2015-2016 Member, FMSC Faculty Search Committee

2016-2017 Member, FMSC Faculty Search Committee
2016 Member, CFT Clinic Director Search Committee
2017-2018 Member, CFT Program Director

IV.B.2. Campus Service – College

2017 – present Member, Global Health Advisory Committee
2016-2017 Member, Global Health Faculty Search Committee, School of Public Health
2015-2017 Member, Scholarship Committee
2015-2017 Member, Programs, Curriculum, and Courses (PCC) Committee

IV.B.3. Campus Service – University

2020 Member, Summer Research Fellowship Committee
2017-2020 Member, University Senate

IV.B.10. Other

2021 - Board member, Network for Victim Recovery of DC
2018-2020 Minority Fellowship Board Advisor Committee. AAMFT Research and Education Foundation.
2006-2007 Member of SAATHI (South Asian organization aimed at domestic violence prevention), Rochester, NY
2004-2005 Pro-bono therapist at St. Joseph’s Neighborhood Center, Rochester, NY

IV.E. Media Contributions

IV.E.3. Radio

2014 NPR Interview on my research on HIV risk reduction among women with experiences of intimate partner violence
2022 Trauma and Education. TraumaTies Podcast

