

CURRICULUM VITAE

Dr. Larry Plotkin
Doctor of Chiropractic
Certified Strength and Conditioning Specialist
Certified Sports Nutritionist

6010 Meadowridge Center Drive, Ste.K
Elkridge, MD 21075
(410) 379-8300
(410) 379-0228

CLINICAL EXPERIENCE

Doctor of Chiropractic and Clinical Director
Elkridge Chiropractic, Elkridge, MD
(September 2008 – Present)

Doctor of Chiropractic and Clinical Director
Yalich Clinic of Glen Burnie, Glen Burnie, MD
(June 1994 – August 2008)

Doctor of Chiropractic
Grothman Clinic, Aurora, IL
(December 1993-May 1994)

TEACHING EXPERIENCE

University of Maryland, College Park, Kinesiology Dept., Faculty
(Spring 2018) – Muscles Testing and Function KNES 405
Co-developer / Instructor
(Spring 2008 – Present) – Principles and Applications of Exercise
Rehabilitation 498T Developer of course

Maryland Chiropractic Association
Chiropractic Assistant Continuing Education
Co-Developer of a series of continuing education classes covering
functional human anatomy and the use of physical therapy modalities
and rehabilitation methods for commonly treated conditions.
(October 1997 – December 2018)

Baltimore and Virginia Schools of Massage, Faculty Member
Instrumental in helping to develop the 100 Hour Medical Massage
Program, along with teaching both the Pathophysiology and Safe
Practice Protocol sessions. (Steiner Education Group)
(February 1999 – December 2008) (Continuing Education)

American Massage Therapy Association (AMTA), Maryland Chapter
Continuing Education Instructor, NCBTMB Certified (2003 – 2011)

Anabolic Laboratories Continuing Education Instructor

(03/07 – Present)

Sound Assisted Soft Tissue Mobilization (SASTM) – Seminar
Instructor (2012-Present)

Teaching Assistant, National College of Chiropractic, Gross Anatomy
Lab, Neuroanatomy Lab
Lombard, IL
(January 1991- December 1993)

CERTIFICATIONS

Certification Myofascial Dry Needling (4/2016)
Certification, Strength and Conditioning Specialist (11/96)
Certification, Myofascial Release Technique (10/95)
Certification, Cox Flexion Distraction Technique (12/93)
Certification, Nutrition Consultant (4/20/02)
Certification, Sports Nutrition Consultant (7/22/04)
Certification Sound Assisted Soft Tissue Mobilization (SASTM)(9/05)
Certified Dry Needle Therapist (4/2016)
Graston Technique Trained (6/2019)

LICENSURE

Maryland, S01692

AFFILIATIONS

Member, Maryland Chiropractic Association

EDUCATION

National College of Chiropractic, Doctor of Chiropractic
Lombard, IL, Summa Cum Laude (1993)

National College of Chiropractic, Bachelor of Science, Human Biology
Lombard, IL, Magna Cum Laude (1992)

Towson State University, Bachelor of Science, Business Management,
Towson, MD, Magna Cum Laude (1990)

PROFESSIONAL ACTIVITIES

**Team Chiropractor University of Maryland Terrapins
(2005-Present)**

Baltimore School of Massage Advisory Board (2002-2004)

Fitness Instructor, Sports and Rehabilitation Center, (1998– Present)

Dr. Larry Plotkin, C.S.C.S., C.S.N.